














## STARTERS

	KCAL	VND
LOTUS STEM PORK SALAD  	280	210
CHICKEN HERBS SALAD  HEALTHY	220	210
POMELO WITH TIGER PRAWNS 	260	250
HERB BEEF, BELL PEPPER  & ONION SALAD	250	250
FRESH VEGGIE HAND ROLLS    HEALTHY	165	140
Served with Peanut Sauce		


## SOUPS

	KCAL	VND
CHICKEN, CORN & MUSHROOMS SOUP	130	210
SWEET & SOUR SALMON BROTH   HEALTHY	150	335
PORK RIBS BROTH  WITH DRIED BAMBOO SHOOTS	155	250
SEAFOOD ASPARAGUS   HEALTHY CLEAR BROTH	128	240

## VEGETABLES HEALTHY

	KCAL	VND
WOK FRIED VEGETABLES	180	210
STIR FRIED WATER SPINACH WITH GARLIC	120	170
PICKLED MUSTARD CABBAGE WITH CHILLI & GARLIC	180	160
STIR FRIED MUSHROOMS WITH TOFU	250	170
Vegetarian Oyster Sauce		




## "STEWED" SERVED WITH BREAD

	KCAL	VND
BEEF "BO KHO"	530	335
COCONUT TARO DUCK 	450	325
Fried Tofu, Carrots, Potatoes		
FIVE SPICE PORK RIBS 	560	250
White Beans, Carrots, Potatoes		
CLAY POT WITH VEGETABLES CURRY	340	210

## "BRAISED" SERVED WITH STEAMED RICE

	KCAL	VND
CLAY POT COBIA	400	325
LEMONGRASS CHICKEN THIGHS	450	250
CHILLI COCONUT PRAWNS	500	335
BRAISED MUSHROOMS & LOTUS ROOTS   HEALTHY	350	210

## MAINS



	KCAL	VND
"PHO BO" TRADITIONAL RICE NOODLES SOUP WITH BEEF 	350	250
"PHO GA" TRADITIONAL RICE NOODLES SOUP WITH CHICKEN 	200	230
STIR FRIED OSTRICH "LUC LAK"	640	345
Served with Steamed Rice		
GRILLED LEMONGRASS CHICKEN	450	325
Served with Steamed Rice		
SWEET & SOUR PORK RIBS 	665	230
Served with Steamed Rice		

Tropicana



BEACH CLUB

# ASIAN MENU

## WOK FRIED FRESH NOODLES

	KCAL	VND
SEAFOOD	265	325
CHICKEN	390	265
PORK 	420	265
BEEF	250	290
VEGETABLES  HEALTHY	260	185
WOK FRIED GLASS NOODLES WITH CRAB IN CLAY POT	370	335

## WOK FRIED RICE

	KCAL	VND
KIMCHI PORK FRIED RICE 	545	265
BEEF & MUSTARD CABBAGE FRIED RICE	450	265
SEAFOOD	415	325
CHICKEN	425	265
PORK 	430	265
BEEF	450	290
EGG	240	185

 Vegetarian

 Pork

 Gluten Free

 Spicy

 Nut

 Lactose Free

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# WESTERN MENU

## STARTERS

	KCAL	VND
<b>CRAB CAKE</b> Cocktail & Tartare Sauces	210	220
<b>TUNA TARTARE</b> HEALTHY Olive Oil, Capers & Chives	360	325
<b>BEEF CARPACCIO</b> Parmesan, Olive Oil & Tapenade (Olives, Capers, Anchovies, Garlic)	200	290
<b>TIGER PRAWNS "COCKTAIL"</b>	330	335
<b>SMOKED SALMON</b> Pickled Cucumbers & Sour Cream	200	335
<b>AVOCADO BRUSCHETTA</b> HEALTHY	350	140

## SOUPS

	KCAL	VND
<b>FRENCH ONION SOUP</b> Gruyère Cheese Crouton	400	220
<b>CLEAR VEGETABLES BROTH</b> HEALTHY	120	210

## SALADS

	KCAL	VND
<b>CAESAR</b> Bacon, Quail Eggs, Parmesan & Croutons Add-ons: Prawns   Smoked Salmon   Chicken	300	290
<b>CAPRESE</b> HEALTHY Mozzarella, Basils, Balsamic Vinegar, Olive Oil, Tomatoes	280	210
<b>MIXED GREENS</b> HEALTHY Cherry Tomatoes, Asparagus & House Dressing	200	185

## BURGERS/SANDWICHES

	KCAL	VND
<b>AUSTRALIAN WAGYU BACON</b> <b>CHEESE BURGER</b> French Fries & Mixed Greens	1200	370
<b>KOREAN KIMCHI CHEESE CHICKEN BURGER</b> GochuJang Mayonaise, French Fries & Mixed Greens	1000	290
<b>CLUB SANDWICH</b> Chicken Breast, Bacon, Egg, Lettuce, Tomatoes, French Fries, Mixed Salad	1180	290
<b>SESAME FLOUR TORTILLA TUNA SALAD WRAP</b> Corns & Mixed Salad	760	280
<b>GRILLED VEGETABLES PANINI WITH PESTO</b> Corns & Mixed Salad   HEALTHY	650	230
<b>VIETNAMESE "BANH MI"</b> Pickled Vegetables, Corns	620	185

## GRILL

	KCAL	VND
<b>AUSTRALIAN T-BONE</b> (550 - 600Gr)	2120	1.840
<b>SIGNATURE AUSTRALIAN BLACK ANGUS STRIPLOIN</b> (300Gr)	900	920
<b>AZUL NATURAL ARGENTINA BEEF TENDERLOIN</b> (250Gr)	707	1140
<b>AZUL NATURAL ARGENTINA BEEF RIBEYE</b> (250Gr)	900	980
<b>FREE RANGE CHICKEN</b> (Half)	600	450
<b>VIETNAM CEBON FARMS MUSCOVY DUCK BREAST</b> (300Gr)	815	520
<b>NEW ZEALAND GRASS-FED LAMB CHOPS</b>	950	950
<b>AUSTRALIAN BERKINSHIRE FREE RANGE PORK CHOP</b>	770	630
<b>ADD ON: DUCK FOIE GRAS</b>	460	150
<b>NINH VAN BAY BARRAMUNDI</b> (170Gr) (ASC Certificate)	250	335

### CHOICE OF 1 SAUCE

Chimmichurri, Green Peppercorn, Red Wine, Mushrooms, Bearnaise

### CHOICE OF 1 SIDE

French Fries, Mashed Potatoes, Potato Wedges, Asparagus, Spinach with Garlic, Steamed Rice, Wok Fried Vegetables

## MAINS

	KCAL	VND
<b>GRILLED SALMON &amp; LINGUINE</b> Served with Asparagus	600	650
<b>NHA TRANG SEAFOOD "CIOPPINO" STEW IN GARLIC TOMATO BROTH</b> HEALTHY Crab, Prawns, Squids, Clams & Mussels	420	690
<b>WHOLE ROASTED IMPORTED FRENCH CHICKEN</b> Mashed Potatoes, Pickled Mushrooms & Rosemary Jus (500Gr) (to share)	800	950
<b>VEAL "PICCATA" STYLED WITH LEMON</b> Caper Butter Sauce & Pesto Risotto	600	630

## PIZZAS

	KCAL	VND
<b>MARGHERITA</b> Fresh Mozzarella, Tomatoes, Basils & Marinara	740	290
<b>QUATTRO FROMAGGI</b> Parmesan, Blue Cheese, Mozzarella & Emmental	800	390
<b>FRUTTI DI MARE/ SEAFOOD</b> Prawns, Squids, Mussels, Mozzarella & Marinara	760	440
<b>HAM &amp; MUSHROOMS</b> Marinara, Mozzarella & Parmesan	500	370
<b>PESTO VEGETABLES</b>	465	290
<b>PEPPERONI</b> Mozzarella, Marinara & Basils	600	400
<b>HAWAIIAN</b> Pineapple, Ham, Mozzarella, Basils & Marinara	760	400

## PASTA (CHOICES OF PASTA)

	KCAL	VND
<b>SPAGHETTI   PENNE   LINGUINE   FUSILLI</b>		
<b>CARBONARA</b> Bacon, Egg Yolk, White Wine, Parmesan & Black Pepper	800	290
<b>BOLOGNAISE</b> Beef, Garlic, Onion, Carrot, Celery & Red Wine	720	325
<b>SEAFOOD ALFREDO</b> Prawns, Squids, Clams, White Wine, Garlic, Cream	460	370
<b>AGLIO E OLIO</b> Olive Oil, Garlic, Chilli & Parmesan	560	230
<b>PESTO</b> Pine Nuts, Parmesan, Olive Oil & Basils	650	230
<b>MUSHROOMS RISOTTO</b>	700	325
<b>SEAFOOD GNOCCHI</b>	500	370

Vegetarian	Nut	Pork	Gluten Free
Spicy	Lactose Free		

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# Tropicana

BEACH CLUB

## DRINK MENU

### KID DRINKS

<b>ORANGE CARROT</b> Orange Juice   Carrot Juice	50
<b>A&amp;M JUICE</b> Apple Juice   Mango	50
<b>REFRESHING MIXBERRY LEMONADE</b> Strawberry Puree   Fresh Strawberry   Lime   Soda	50
<b>SUNRISE BREEZE</b> Orange Juice   Pineapple Juice   7 Up	50
<b>RAINBOW SANGRIA</b> Strawberry   Mango   Pineapple   Watermelon   7 Up	50
<b>CARAMEL MARSHMALLOW MILK SHAKE</b> Caramel Sauce   Fresh Milk   Whipping Cream   Cookies	50
<b>GOLDEN MILK</b> Banana   Almond   Vanilla   Fresh Milk	50
<b>BABY BLUE COLADA</b> Blue Curaçao Syrup   Coconut Milk   Coconut Water   Pineapple   Lime Juice	50

### COFFEES & TEAS

<b>MOVENPICK COFFEE (HOT / ICED)</b> Americano   Single Espresso   Double Espresso   Café Latte   Cappuccino   Mocha	70
<b>TRADITIONAL VIETNAMESE COFFEE (HOT / ICED)</b> Black Coffee   Condensed Milk	60
<b>COCONUT COFFEE</b> Vietnamese Coffee   Coconut Cream   Condensed Milk	60
<b>SELECTED OF TEA (HOT / ICED)</b> Genmaicha Roasted Rice Tea   Green Tea   Jasmine Tea   Earl Grey Tea   Oolong Tea   Black Tea   English Breakfast Tea	90
<b>HOT CHOCOLATE</b> Chocolate Sauce   Condensed Milk   Fresh Milk	70
<b>ICED CHOCOLATE DRINKS</b> Chocolate Sauce   Condensed Milk   Fresh Milk   Whipping Cream	70

### MINERAL WATERS & SPARKLING WATERS

La Vie Still (450ml)	70
Evian Still (750ml)	120
La Vie Sparkling (450ml)	70
Perrier Sparkling (750ml)	120

### BEERS

<b>BOTTLE</b>	
Saigon Special / Saigon Chill	60
Tiger / Sapporo / Heineken	70

### DRAFT BEERS

Saigon			
Tiger			
Sapporo			
Heineken			
	330ml	500ml	Tower 2.5 Liter
	60	90	350

### SUPER GREEN SMOOTHIES

130

<b>BERRY BURST</b> Banana   Strawberry   Raspberry   Mulberry   Yogurt   Honey
<b>TROPICAL PASSION</b> Mango   Pineapple   Passion   Yogurt   Honey
<b>WATER MELON</b> Watermelon   Strawberry   Goji Berry   Banana   Coconut Milk   Honey
<b>COCO GREEN</b> Banana   Mango   Spinach   Coconut Milk   Honey
<b>SUPER GREEN</b> Mango   Aloe Vera   Spinach   Spirulina   Yogurt   Honey   Ginger   Lime

### FRESH FRUIT JUICES

100

Orange | Lime | Watermelon | Passion Fruit | Guava | Pineapple | Carrot | Coconut

### SMOOTHIES

110

Mango | Avocado | Coconut | Strawberry | Banana | Papaya

### ICE CREAM SHAKES

100

Chocolate | Vanilla | Strawberry

### SOFT DRINKS

50

Pepsi | Pepsi Zero | 7Up | Mirinda Orange | Soda Water | Tonic Water | Ginger Ale | Red Bull



## COCKTAILS

<b>MARGARITA</b> Olmeca Tequila   Cointreau   Lime Juice	160
<b>PINA COLADA</b> Rum   Malibu   Pineapple Juice   Coconut Cream	160
<b>MOJITO</b> Rum   Sugar   Lime Juice   Mint   Soda Water	160
<b>SEX ON THE BEACH</b> Vodka   Peach Liqueur   Orange Juice   Cranberry   Grenadine	160
<b>LONG ISLAND ICED TEA</b> Rum   Vodka   Gin   Tequila   Cointreau   Lime   Pepsi	190
<b>SINGAPORE SLING</b> Gin   D.O.M   Cherry Brandy   Cointreau   Pineapple Juice   Grenadine Syrup   Soda Water	190
<b>MAI TAI</b> White Rum   Dark Rum   Amaretto   Orange Curaçao   Orange Juice   Pineapple Juice   Grenadine Syrup	190
<b>BLOODY MARY</b> Vodka   Tabasco   Tomato Juice   Salt   Pepper   Celery   Lime	160
<b>BLUE LAGOON</b> Rum   Blue Curacao   Lychee Juice   Lime Juice   7 Up	160
<b>MOCKTAILS (NON-ALCOHOLIC)</b>	
<b>FRUITY TWISTER</b> Orange Juice   Pineapple Juice   Passion Fruit Juice   Grenadine Syrup	120
<b>VIRGIN MOJITO</b> Strawberry Puree   Lychee Juice   Mint   Lime Juice	120
<b>VIRGIN PINA COLADA</b> Fresh Pineapple Juice   Coconut Cream   Ginger   Blue Curaçao Syrup	120

## SPIRITS

### SINGLE MALT SCOTCH WHISKIES

The Glenlivet 12Y	250	3.500
The Macallan 12Y Double Cask	600	7.500
Aberlour 12Y	400	5.500
Talisker 10Y	350	5.200
Laphroaig 10Y	350	5.200

### BLENDED SCOTCH WHISKIES

Chivas Regal 18Y	250	3.500
Chivas 18Y Blue Signature	250	3.500
Johnnie Walker, Red Label	100	1.200
Ballantine's 17Y	240	3.300

### JAPANESE WHISKY

Hibiki Yamazaki Distiller's Reserve		9.600
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### IRISH WHISKY

Jameson Irish	120	1.300
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### AMERICANS

Jack Daniel's	120	1.550
Jim Beam	100	1.200

### GINS

Tanqueray	110	1.400
Tanqueray No.10	190	2.900
Bombay Sapphire	100	1.250
Gordon's Gin	100	1.250
Beefeater	100	1.250
Hendrick's	180	2.500

No. 3 London Dry	230	3.100
Four Pillars Negroni Edition	290	3.900
Ferdinand's Saar	290	3.900
Monkey 47	390	4.500
Saigon Baigur	220	2.500

Lady Triệu Dalat Flower Bomb	220	2.700
Lady Triệu Mekong Delta Dry	220	2.700
Lady Triệu Hoi An Spice Road	220	2.700
Lady Triệu Sapa Citrus Tea	220	2.700
The Botanist	240	2.800

### VODKAS

Absolut Blue	105	1.300
Grey Goose	195	2.900
Russian Standard Original	100	1.500
Russian Standard Platinum	120	2.500
Beluga Noble	200	3.100



40ml



### TEQUILAS

Patron Reposado	285	4.300
Olmeca	130	1.600
Jose Cuervo Gold	110	1.900

### RUMS

Havana Club 3Y	100	1.200
Sampan	150	2.000
Bacardi Superior	120	1.800

### COGNACS

Courvoisier VSOP	250	3.500
Martell Noblige	320	4.700
Martell Cordon Bleu		8.200
Remy Martin X.O		8.500
Hennessy V.S.O.P	320	4.700

### APERITIFS

Lillet Blanc	100	1.200
Ricard	105	1.300

### LIQUEURS

Kahlua, Malibu	105	1.300
Jägermeister	180	2.400
Soju (Chamisul Original, Peach, Watermelon)		180

### CALVADOS

Pere Magloire Fine VS Calvados AOC / AOP	220	3.100
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40ml



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